Spirit of Life Community Adventist Fellowship Pastor William Dawson Prayer Meeting 7-17-07 "You must be able to Hear in order to be Healed"

It is God's desire to heal us and set us free. As we realize that He desires this for us even more than we do, it becomes easier to open our hearts and believe that He really wants to speak to us. When God speak, He brings His **promises** to focus on **our** situation, **our** entrapment, and **our** fears. God wants to speak to do three things. (1) He wants to reveal the roots of our problems. He is not interested in soothing the symptoms. (2) He wants to show us how to cooperate with Him in His work. He will show you what to do next and "why." (3) He wants to reveal His plan and purpose for our lives. As God speaks to us, He can reveal the character traits He is seeking to develop in our lives.

- 1. Preparation. Have a prayer journal at hand so you can write down what He will say to you. Keep in mind that everything done in the Kingdom is done by faith. During this time you will not always know for certain that you have truly heard from God. Do not judge yourself too harshly. As you prepare to hear from God think about the billions of people and creatures with whom He is constantly communicating. You can surely handle one more small connection link from your heart.
 - a. Write out your fear list. List any fears of which you are aware. Be honest with yourself and God. If you are afraid to die, or live in poverty, whatever it is, write it down.
 - b. Write out your forgiveness list. List anyone whose memory cause you pain.

2. **Prayer.** Start with prayer.

- a. In your prayer give all of your fears to God. Tell Him you are giving them to Him. Ask Him to take them away. Tell Him you cannot carry them any longer. Then forsake your fears.
- b. In your prayer forgive everyone who has hurt you and ask God's forgiveness for those you have hurt. Forgive those who have hurt you. Receive forgiveness for those you have hurt.
- c. Bind all demons, including demons of unworthiness and fear. Forbid any demonic interference during this time of listening to the Lord. Especially bind any voices that would like to pretend to be the voice of the Lord.
- d. Ask God to open up a clear communication link between yourself and Him. Be ready to reach out with your faith antenna and tune into His words from His throne.
- 3. Begin thanking God for your past blessings. Thanksgiving will tune your spirit to the voice of the Lord. **Ps 100:4**

- 4. While you are praising God, write down any thoughts that are flowing through your spirit, such as, if you see an image; record the main features about it. You may find yourself alternating between listening, writing, asking, and thanksgiving, repenting, and receiving healing. During this time you may receive God's guidance and direction about decisions you need to make, areas where you need to be cautious, or ways you have given Satan opportunities to attack and hassle you.
- 5. After the Holy Spirit has brought the prayer time to a close, and you have "tuned" back to the physical world, read back over what you have written. Now ask the question, "Was this really God?" Pray over what you have written and consider how you and the Holy Spirit respond to them. Make sure they do not go against the truths of the Bible. If you have received specific directions, or important decisions, continue to ask the Lord about these topics for several days during your prayer time. Check with your spiritual overseer/covering and ask them to pray with you before you make life-changing decisions.
- 6. Do not rush into anything that "seems" to be from the Lord. Deut. 19:15. If there is any question in your mind and /or spirit, let it "season" for a while, as you continue to seek confirmation from several sources. Do not take specific action until you have the peace of God in your spirit regarding those actions. You can check your heart by imagining if you decided to take action "A." Check you spirit. Are you at peace? Then imagine you decided to take action "B." Check your spirit. Are you at peace? Wait upon the Lord until you have the peace of God flowing in your heart regarding any decision.